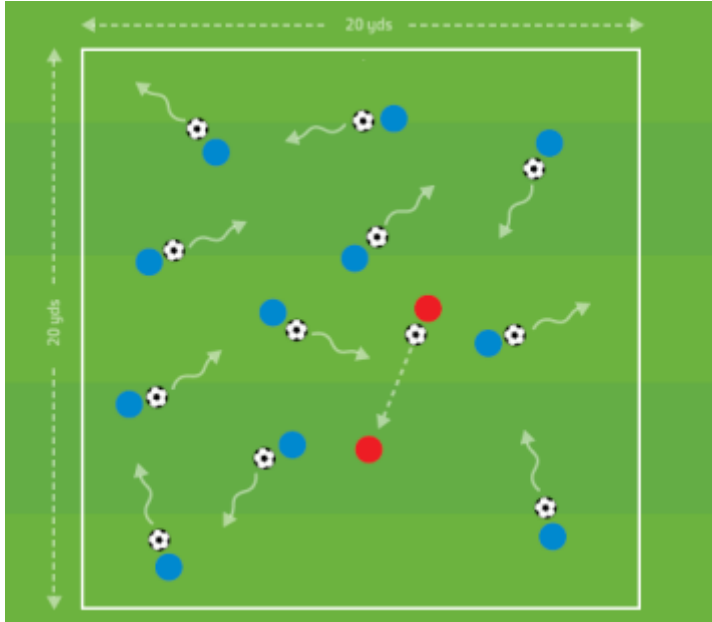


Dribbling and passing



Key coaching points

- Looking-up to assess the situation and identify clear passing opportunities.
- Recognition of space and time to execute accurate passes to partner.
- Ball protection important whilst seeking opportunity to pass.
- Passes must be delivered through, rather than over players moving around square.
- Recognition of different weights to put on passes relative to space and time available to execute.

Practice organisation

- Area 20x20yds sq, as illustrated.
- 12-14 players with a ball each.
- 2 additional players with 1 ball between them.
- Start position: Players spread-out within the square.

- Players move freely whilst dribbling within area.
- The pair of players with one ball between them moves within square passing to one another, avoiding dribbling players.

Detail

Passing players will need to assess appropriate techniques, passing first time, moving ball under control to create passing angles and spaces etc.

- Players should be encouraged to be courageous and unorthodox on occasions in executing passes in tight situations to develop higher skill levels.
- Simple progressions for this practice are:
 - Reduce area within which players operate.
 - Add more 'pairs' passing amongst the dribblers.
 - Add more dribblers.
 - Increase number of combining passing players (to 3's, 4's etc).